

Joanne Sumner, Motivational Speaker

Joanne Sumner is regularly invited to speak at events, seminars, conferences, exhibitions and business networking events.

As a gifted Speaker, she can further the knowledge and understanding of how relaxation and coaching techniques can support people in life and in business.

In her own business, she works with individual clients, business people and trains practitioners on relaxation techniques.

Joanne's qualifications include –

- Training with the International Coach Federation
- Flower Essences Training with Healing Herbs and Neals Yard
- Qualified Meditation Teacher with Friends of Yoga International Society 2008
- Yoga Alliance 200hr Registered Teacher

Professional Body

- Registered professional with the Friends of Yoga

- Registered professional with The Reiki Association

Previous speaking topics -

- Women in Business
- Ethics
- Natural Healing
- Life Management Skills
- Well-being

In 2010 Joanne has been invited to represent Yoga and FRYOG at the Back Pain Show, Olympia, October 22 and 23.

<http://www.backshowexpo.co.uk>

